Claims:

1. A hydraulic jack, comprising

an oil reservoir that stores a hydraulic fluid therein;

an inner chamber axially disposed within the oil reservoir;

a piston rod axially disposed within the inner chamber;

a piston rod chamber is provided in the piston rod;

a pump assembly having a pump piston that reciprocates therein and a pumping chamber that receives hydraulic fluid from the oil reservoir, wherein the pumping chamber's volume is between about 1/5 to 1/7 of the piston rod chamber's volume; and

a sequence valve that is press fitted into a hydraulic channel, includes a spherical ball having a hydraulic interacting surface and regulates fluid flow from the pumping chamber to the inner chamber.

2. The hydraulic jack of claim 1, wherein hydraulic fluid is selected from a group consisting of oil, water, automatic transmission fluid, lubricants, other fluids and a combination thereof.

3. The hydraulic jack of claim 1, further includes a sealing member that is in sealing relationship between the piston rod and an inner chamber housing, wherein the fluid acts on a surface of the sealing member to move the piston rod axially.

4. The hydraulic jack of claim 1, wherein the pump piston is moved reciprocally by a handle that can be attached thereto.

5. The hydraulic jack of claim 1, wherein the pumping chamber's volume is 1/6 of the piston rod chamber's volume.

6. The hydraulic jack of claim 1, wherein the sequence valve allows fluid to flow into the inner chamber when the piston rod meets a load.

7. The hydraulic jack of claim 1, wherein the piston rod has a connector that can be coupled to a load bearing surface.

8. A method of moving a load, comprising:

pumping a pump piston with a handle;

drawing fluid from an oil reservoir to a pumping chamber by a vacuum created by the pumping;

moving the fluid from the pumping chamber to a piston rod chamber by additional pumping of the pump piston, the pumping chamber's volume is between about 1/5 to 1/7 of the piston rod chamber's volume;

extending a piston rod to contact a load with the fluid in the piston rod chamber; and

extending the piston rod further to move the load by increasing the amount of fluid acting on the piston rod when needed by setting a sequence valve that is pressed fitted and has a spherical ball to open at a predetermined pressure so that fluid is supplied to an inner chamber of the piston rod to move the piston rod.

9. The method of claim 8, wherein the fluid is a hydraulic fluid that is selected from a group consisting of oil, water, automatic transmission fluid, lubricants, other fluids and a combination thereof.

10. The method of claim 8, wherein increasing the amount of fluid occurs when the piston rod reaches a load and requires additional fluid to move the load.

11. The method of claim 8, wherein the volume of the pumping chamber is 1/6 the volume of the piston rod chamber.

12. The method of claim 8, wherein the increased amount of fluid is acting on a sealing member that is in sealing relationship between the piston rod and an inner chamber housing, wherein the fluid acts on a surface of the sealing member to move the piston rod axially.

13. A hydraulic bottle jack, comprising:

means for storing a hydraulic fluid;

means for moving fluid into and out of a pumping chamber;

means for channeling fluid from the pumping chamber to a piston rod chamber, the pumping chamber's volume is between about 1/5 to 1/7 of a piston rod chamber;

means for lifting a load having the piston rod chamber therein; and

means for increasing fluid provides additional fluid to the means for lifting when the means for lifting requires additional fluid to move a load, wherein the means for increasing fluid is pressed-fitted into the jack and has a spherical ball.

14. The hydraulic bottle jack of claim 13 further includes a rocker means that is coupled with the means for moving fluid, wherein the rocker having a handle can be used by an operator to move the means for moving fluid.

15. The hydraulic bottle jack of claim 13, wherein hydraulic fluid is selected from a group consisting of oil, water, automatic transmission fluid, lubricants, other fluids and a combination thereof.

16. The hydraulic bottle jack of claim 13, wherein the volume of pumping chamber is 1/6 the volume of the piston rod chamber.

17. The hydraulic bottle jack of claim 13 further comprising a support means at one end so that the bottle jack may be placed in a position that allows the means for lifting to extend in an upwardly direction.

18. The hydraulic bottle jack of claim 17, wherein the support means includes the means for channeling fluid.

19. The hydraulic bottle jack of claim 13, wherein the means for lifting a load is connected to a load bearing surface.

20. The hydraulic bottle jack of claim 13, wherein further comprising a means for sealing positioned between the means for lifting and an inner chamber housing so that fluid can act on the means for sealing and move the means for lifting.